

AAP recommends developmental surveillance. CDC has FREE resources to help.

CDC's *Learn the Signs. Act Early.* for Healthcare Providers

CDC's *Learn the Signs. Act Early.* milestone checklists make developmental surveillance easy. The checklists:

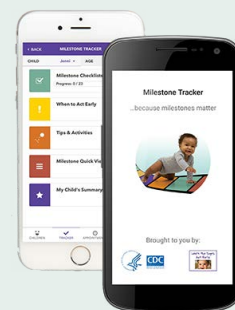
- Help you systematically conduct developmental surveillance as recommended by the American Academy of Pediatrics (AAP)
- Correspond with health supervision visits 2 months to 5 years
- Are based on developmental milestones from the AAP
- Are completed by parents, preparing them for more accurate responses to developmental screeners

Developmental surveillance and screening together are more likely to identify the 1 in 6 children with a developmental disability than either one alone.

To identify these children so they can get the help they need:

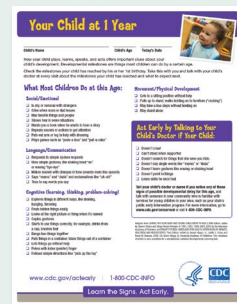
- ✓ **Perform** the 6 steps of developmental surveillance at each health supervision visit:
 1. review checklists/developmental history;
 2. ask about concerns;
 3. assess strengths and risks;
 4. observe the child;
 5. document; and
 6. share results with others.
- ✓ **Encourage** parents to monitor milestones between visits and share results with you:
 - Print, hang, and share flyers for CDC's *Milestone Tracker* app; ask families to use the app to complete milestone checklists.
 - If paper is preferred or for other languages, print and share milestone checklists (www.cdc.gov/Milestones); laminate and reuse as needed.
- ✓ **Conduct** early childhood screenings using validated screening tools at recommended ages or whenever there's a concern, as recommended by the AAP (bit.ly/AAPScreeningRecs).
- ✓ **Refer** children with concerning results for further evaluation AND to your state's early intervention program (www.cdc.gov/FindEI).

FREE *Milestone Tracker* App



Available in English and Spanish, illustrated milestone checklists, tips for supporting development, shareable milestone summary, appointment reminders, and more!

Milestone Checklists



Available to print for ages 2 months through 5 years, many languages available!

www.cdc.gov/ActEarly | 1-800-CDC-INFO (1-800-232-4636)

Learn the Signs. Act Early.



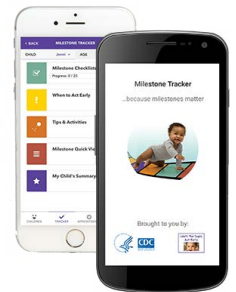
Resources to help with developmental surveillance

Most materials are available in English and Spanish; checklists are available in six additional languages.

Print FREE materials directly at www.cdc.gov/ActEarly/Materials.



Promote CDC's FREE *Milestone Tracker* app for families and other care providers: learn more and print flyers for your clinic at www.cdc.gov/MilestoneTracker.



Customize materials by adding your practice's logo and contact information and print them yourself. To get the files, email ActEarly@cdc.gov.



Visit www.cdc.gov/ActEarly/Healthcare for a free CME/MOC activity and other developmental surveillance resources developed by AAP and CDC.

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