

PANS PANDAS

DIAGNOSTIC
GUIDELINES

TREATMENT
OPTIONS



www.pandasppn.org

PANS PANDAS IS TREATABLE.

Access resources for treating children experiencing sudden and dramatic psychological distress triggered by strep or other infections.



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SIGNS OF PANS PANDAS



Children with PANS/PANDAS have an abrupt and dramatic onset of OCD or Restrictive Eating Disorder plus at least 2 comorbid symptoms of:

- Anxiety and/or Separation Anxiety
- Emotional Lability/Rages
- Depression
- Behavioral Regression
- Deterioration in School Performance
- Sensory and/or Motor Abnormalities
- Sleep Disturbances and/or Urinary Frequency

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