

NIAAA

Understanding Alcohol's Impact on Health

Resources for Health Professionals

Alcohol Screening and Intervention Guides

Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide

<https://niaaa.nih.gov/publications/clinical-guides-and-manuals/alcohol-screening-and-brief-intervention-youth>

Includes booklet and accompanying pocket guide. Available for order and downloading.



Planning Alcohol Interventions Using NIAAA's CollegeAIM Intervention Matrix

https://www.collegedrinkingprevention.gov/CollegeAIM/Resources/NIAAA_College_Matrix_Booklet.pdf



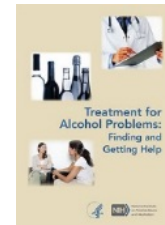
Alcohol Education Resources

Booklets

Treatment for Alcohol Problems: Finding and Getting Help

<https://pubs.niaaa.nih.gov/publications/Treatment/treatment.htm>

Provides a summary of types of treatment options that are available for alcohol problems, and what to consider when selecting among them. Available for order and downloading.



Harmful Interactions: Mixing Alcohol with Medicines

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/harmful-interactions-mixing-alcohol-with-medicines>

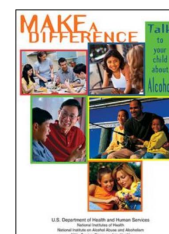
Lists medications that can cause harm when taken with alcohol and describes the effects that can result. Available for order and downloading.



Make A Difference: Talk to Your Child About Alcohol

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/make-a-difference-child-alcohol>

Provides parents and guardians tips on how to talk to your teen about alcohol and includes other underage drinking prevention strategies. Available for order and downloading.



Order Free Materials:

Online: <https://www.niaaa.nih.gov/publications>

Toll-free: 888-MY-NIAAA (888-696-4222)

Mail: NIAAA Publications Distribution Center,
PO Box 10686, Rockville, MD 20849-0686



Fact Sheets

- [NIAAA: Understanding Alcohol's Impact on Health](#)
- [Alcohol Treatment and Physical Distancing](#)
- [Alcohol Facts and Statistics](#)
- [Binge Drinking](#)
- [Hangovers](#)
- [Interrupted Memories: Alcohol-Induced Blackouts](#)
- [Understanding the Dangers of Alcohol Overdose](#)
- [Alcohol Use Disorder: A Comparison Between DSM-IV and DSM-5](#)
- [Using Alcohol to Relieve Your Pain: What Are the Risks?](#)
- [College Drinking](#)
- [Alcohol and the Hispanic Community](#)
- [Underage Drinking](#)
- [Parenting to Prevent Childhood Alcohol Use](#)
- [Fetal Alcohol Exposure](#)
- [Women and Alcohol](#)
- [Understanding Alcohol Use Disorder](#)
- [Fall Semester—A Time for Parents to Discuss the Risks of College Drinking](#)
- [Parents—Talk With Your High School Grads About Celebrating Safely](#)
- [Risky Drinking Can Put a Chill on Your Summer Fun](#)
- [The Truth About Holiday Spirits](#)

Available at:

<https://www.niaaa.nih.gov/niaaa-publications-order-form/>

Additional Resources at:

<https://www.rethinkingdrinking.niaaa.nih.gov/>

<https://alcoholtreatment.niaaa.nih.gov/>

<https://www.collegedrinkingprevention.gov/>

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Manuals

COMBINE Monograph Series

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/orderform>

Volume I: Combined Behavioral Intervention Manual—A clinical research guide for therapists treating people with alcohol abuse and dependence.

Volume II: Medical Management Treatment Manual—A clinical research guide for medically trained clinicians providing pharmacotherapy as part of the treatment for alcohol dependence. Available for order and downloading.



Project MATCH

<https://pubs.niaaa.nih.gov/publications/ProjectMatch/matchIntro.htm>

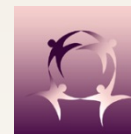
The Project MATCH monograph series for therapists consists of eight volumes, focusing on three forms of behavioral therapy, assessment instruments, compliance to treatment regimens and research protocols, and causal chains involved in addiction. Available for order and downloading.



Alcohol Problems in Intimate Relationships: Identification and Intervention—A Guide for Marriage and Family Therapists

<https://pubs.niaaa.nih.gov/publications/niaaa-guide/index.htm>

Provides guidance for marriage and family therapists to understand alcohol's impact on relationships and know how to provide clinical interventions. Available online only.



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