



ANNUAL SCIENTIFIC ASSEMBLY



The Premier Family Medicine Conference in Ontario
NOVEMBER 27-29, 2014



Letter from ASA Chair

Dr. Deborah Smith, MD, CCFP, FCFP

WELCOME TO THE 52ND ANNUAL SCIENTIFIC ASSEMBLY

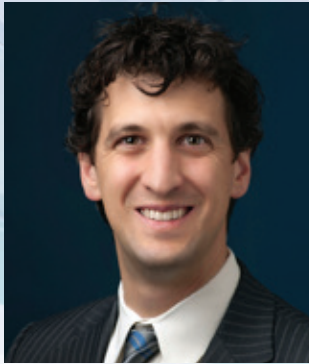
With the fast pace of change in primary care, family physicians need useful and relevant professional development opportunities. This need for foundational, practical education is at the heart of the Annual Scientific Assembly.

This year we are offering three program streams – clinical evidence, quality improvement and health systems – comprising of over 140 education sessions ranging from Mainpro-C accredited sessions to small workshops and seminars to large-group presentations. The ASA is also an opportunity to connect with colleagues from across Ontario and to celebrate excellence in family medicine.

This is my third year as ASA Program Chair and I feel very privileged to work with the talented group of family physicians who serve on the ASA Committee. In many ways, this has been a year of change and new beginnings for the Committee. We had five long-term Committee members retire and four new members join. The OCFP's new three-year strategic plan set new directions for the ASA, resulting in the creation of two new program streams.

I would like to thank the Committee for their commitment and focus as we adjusted to a new way of delivering a great education and networking event.

The ASA is designed and delivered by family doctors, and we hope it is a rich experience. Enjoy!



Keynote Speaker

Dr. Joshua Tepper, MD, FCFP, MPH, MBA

Dr. Joshua Tepper is a family physician and the President and Chief Executive Officer of Health Quality Ontario.

Previously, Dr. Tepper served as the first Assistant Deputy Minister at the Ministry of Health and Long-Term Care, Health Human Resources Strategy Division. He was also the inaugural Vice-President of Education at Sunnybrook Health Sciences Centre and has been a senior medical officer for Health Canada, an adjunct scientist at the Institute for Clinical Evaluative Sciences and a research consultant for the Canadian Institute of Health Information.

Dr. Tepper has always remained in active practice, serving marginalized populations and taking on clinical leadership roles. He has served as the Medical Director for the Inner City Health Associates and President of the Inner City Family Health Team. He has also been Vice-President of the Society of Rural Physicians.

Dr. Tepper has a Bachelor's degree in public policy from Duke University, a Master of Public Health degree from Harvard and an MBA from the Richard Ivey School of Business.

2014 ASA Planning Committee Members

We would like to thank all committee members and OCFP staff for working hard to put together an outstanding educational program for this year's conference participants.

The OCFP also wishes to thank retiring ASA Committee members for their contributions and efforts in the planning and execution of the ASA.

Retiring Members, 2013:

Dr. Franklin Sheps, Thornhill
Dr. Ken Trinh, Hamilton
Dr. Jenny Molson, Kingston
Dr. Eleanor Colledge, Toronto

Retiring Members, 2014:

Dr. Deborah Smith, Sudbury

Committee Members

Dr. Deborah Smith, Sudbury,
Chair

Dr. Kim Bender, Smithville
Chair, Scientific Program

Dr. Andrew Arcand, Markham
Dr. France Boudreau, Ottawa
Dr. Reena Dhatt, Sudbury
Dr. Stephane Foidart, Kenora
Dr. Heather Galbraith, Sudbury
Dr. Lucy Horvat, Acton
Dr. Frank Martino, Brampton
Dr. Stephen Milone, Orangeville
Dr. Kendall Noel, Ottawa
Dr. Jordana Sheps, Toronto
Dr. Lori Teeple, Strathroy
Dr. Vu Kiet Tran, Richmond Hill
Dr. Erica Weinberg, Scarborough

Special Events

THURSDAY, NOVEMBER 27

07:30-08:30 in Jackson Room

Regional Meeting

We invite OCFP members to join us for an opportunity to meet and hear from the OCFP President and their regional representative on the OCFP Board of Directors. This meeting is also an opportunity to discuss issues or areas of interest that the OCFP should focus on in the coming year.

09:15-10:15 in Toronto I

Keynote Speaker, Dr. Joshua Tepper

Quality health care is a priority for all of us family physicians. We live it and breathe it every day in our practices. Are we engaging our patients in our continuous quality improvement journeys? What more could we be doing and how do we make patient involvement in quality improvement in the life of a busy practice?

12:30-13:15 in Toronto I

Annual General Meeting

Join us for lunch and hear about the many activities undertaken by the OCFP's Board of Directors on your behalf during the past year. This is your opportunity to meet the Board and exercise your vote.

17:30-19:30 in Toronto I

President's Installation and Awards Ceremony

Come and join us to meet the new President and celebrate with the 2014 OCFP award winners.

FRIDAY, NOVEMBER 28

12:00-13:15 in Toronto I

OCFP Members' Forum

During lunch, let your Executives know your views on the key issues facing you in your daily practice and the health care system in general. Hear first-hand what your colleagues have to say about their challenges and the solutions they recommend. Dr. Bob Bell, Deputy Minister of Health, and the OCFP Executives will be on the discussion panel.

17:00-18:30 in Governor General

Residents' and First Five Years in Practice Networking Session

Open to all Family Medicine Residents as well as members in their first five years of active practice.

Awards

Every year, the OCFP receives nominations for six awards that recognize various expressions of excellence in family medicine.

The recipients of these awards are members who exemplify the best of what being a family doctor is all about, including exceptional care of their patients, distinction in teaching and a significant contribution to the health and well-being of their communities in general.

You are invited to join us in honouring our award winners at the Honours and Awards ceremony on Thursday, November 27, at 5:30pm in the Toronto I Ballroom.

The Award Ceremony takes place in conjunction with the OCFP President's Installation.

Family Physician of the Year

Region 1: Dr. Tim Wehner, Keewatin
Region 2: Dr. William Ted Osmun, Mount Brydges
Region 3: Dr. Dale Guenter, Hamilton
Region 4: Drs. Stephen and Stephanie Milone, Orangeville
Region 5: Dr. Kimberly Wintemute, Toronto
Region 6: Dr. Carl Clark, Barrie
Region 7: Dr. Adam Steacie, Brockville

Reg L. Perkin Family Physician of the Year for Ontario

Dr. William Ted Osmun, Mount Brydges

Community Teacher of the Year Award

Dr. Michael Ward, Bowmanville

Resident Teacher of the Year Award

Dr. Farhan Asrar, Mississauga

Family Practice of the Year

The McMaster Family Health Team, Hamilton

Family Practice of the Year Honourable Mention

The Jane and Finch Family Health Team, Toronto

Award of Excellence

Dr. Judy Baird, Hamilton
Dr. James Carson, Unionville
Dr. Anne Duvall, Barrie
Dr. Sanjeev Goel, Brampton
Dr. Susan Goldstein, Toronto
Dr. Liesbet Jansen, Alliston
Dr. D. Robert Kerr, Hamilton
Dr. Mary Manno, Oakville
Dr. Frank Martino, Brampton
Dr. Don Melady, Toronto
Dr. James Milligan, Kitchener
Dr. Laurel Moore, Stratford
Dr. Douglas Oliver, Hamilton
Dr. David Tannenbaum, Toronto
Dr. Nancy Trimble, Barrie

Posthumous Winners

The late Dr. Larry Librach, Toronto
The late Dr. Gordon Riddle, Orleans

2014 ASA Mainpro-C Workshops

Wednesday, November 26

08:30 – 12:00		Speaker	Room	Credits
PSYC	Approach to Psychosis for the Family Doctor	Dr. Jose Silveira	Johnston	3
CHOB	Management of Childhood Obesity: Lifestyle, Diet, and Physical Activity	Dr. Pierre Geoffroy	Simcoe	3
HCD1	Healthy Child Development: Encouraging Breastfeeding—A Practical Approach for the Busy Clinician	Dr. Sarah Kolk	Jackson	3
08:30 – 17:00				
ACM	Acute Pain Management: Getting It Right	Dr. Jim Ducharme, Dr. Sean Moore & Ms. Cindy Pelletier	York	7
MSK	Musculoskeletal Joint Assessment Made Easy	Dr. Janice Harvey & Dr. Michelle Acorn	Tom Thomson	6
13:30 – 17:00				
HCD2	Healthy Child Development: Parenting and Attachment	Dr. Bill Watson & Ms. Lindsay Watson	Jackson	3

Thursday, November 27

13:30 – 17:00				
TPSB	Treating Poverty: A Workshop for Family Physicians	Dr. Ritika Goel & Dr. Rosana Pellizzari	Osgoode East	3.5
ENVI	Environment-Linked Illnesses: Chronic Pain, Fatigue, and Chemical Intolerance Linked to Environment Exposures: Office Assessment and Management	Dr. Kathleen Kerr & Dr. Alison Bested	Osgoode West	3

2014 ASA Mainpro-C Workshops

Friday, November 28

08:30 – 12:00		Speaker	Room	Credits
LDP2	Using the Leadership Framework to Develop Team Effectiveness: Being a Change Champion is Hard Work	Dr. Sean Blaine	Osgoode West	3
13:30 – 17:00				
LDP1	Using the Leadership Framework to Create High Morale and Productivity in the Workplace: Oh Dear, What Can the Matter Be?	Dr. Sarah Newbery	Osgoode West	3

Saturday, November 29

10:30 – 16:00				
BPA	Don't Just Do Something—Stand There! Best Practices in Reducing Unnecessary Tests, Treatments and Care	Dr. Frank Martino & Dr. Jennifer Young	Osgoode West	5
13:30 – 17:00				
MCI	Diagnosis and Management of Patients with MCI and Dementia: Tips for the Family Practice	Dr. Linda Lee	Richmond	3

Please note that the MAINPRO®-M1 credits you earn for participating in this conference will be awarded to you automatically upon the scanning of your ASA conference identification badge. There is no need to enter these credits online or submit them to the College of Family Physicians of Canada (CFPC). Credits will be applied by December 10th, 2014. You will receive an email from the CFPC confirming that your Mainpro credits have been auto-loaded in your Mainpro record. Please note that this process applies to M1 credits only; Mainpro-C credits still require you to claim the credits as usual.


Day-at-a-Glance: Wednesday, November 26

TIME	CONVENTION LEVEL							
	CARMICHAEL	JACKSON	TOM THOMSON	CASSON	FITZGERALD	JOHNSTON	TORONTO I	HARRIS
07:30-08:30	Registration & Continental Breakfast							
08:30-10:00		HCD1 Healthy Child Development: Encouraging Breastfeeding: A Practical Approach for the Busy Clinician Dr. Sarah Kolk	MSK Musculo-skeletal Joint Assessment Made Easy Dr. Janice Harvey & Dr. Michelle Acorn			PSYC Approach to Psychosis for the Family Doctor Dr. Jose Silveira		
10:00-10:30	Nutritional Break							
10:30-12:00		↓	↓			↓		
12:00-13:30	Bagged Lunch							
13:30-15:00		HCD2 Healthy Child Development: Parenting and Attachment Dr. Bill Watson & Ms. Lindsay Watson	↓					
15:00-15:30	Nutritional Break							
15:30-17:00		↓	↓					




 Session continues
  Mainpro-C
  Session
  General Session
  Special Events

		SECOND FLOOR	THIRD FLOOR			LOBBY LEVEL	
TORONTO II & III		GOVERNOR GENERAL MAIN	OSGOODE EAST	OSGOODE WEST	RICHMOND	YORK	SIMCOE
MACDONALD	LISMER						
						ACM Acute Pain Management: Getting It Right Dr. Jim Ducharme, Dr. Sean Moore & Ms. Cindy Pelletier	CHOB Management of Childhood Obesity: Lifestyle, Diet, and Physical Activity Dr. Pierre Geoffroy
						↓	↓
						↓	
						↓	

Day-at-a-Glance: Thursday, November 27






TIME	CONVENTION LEVEL							
	CARMICHAEL	JACKSON	TOM THOMSON	CASSON	FITZGERALD	JOHNSTON	TORONTO I	
								HARRIS
07:30-09:00		Regional Meeting (Jackson) (07:30-08:30)	Registration & Continental Breakfast					
09:00-09:15	Dr. Jonathan Kerr: Introductory Remarks (Toronto I)							
09:15-10:15	Keynote Speaker: Dr. Joshua Tepper (Toronto I)							
10:15-10:45	Nutritional Break							
10:45-12:15	S101 Untangling the Helix: Genomics for Primary Care	S102 Approach to the Suicidal Patient	S103 Driving and Dementia: Practical Tips for the Family Physician	S104 What Will I Be When I Grow Up?	S105 Aboriginal Cultures: Connect and Communicate!	S106 Wound Care: Lower Extremity Ulcers	General Sessions* GEN101 GEN102 GEN103	
	Dr. June Carroll, Dr. Judith Allanson & Ms. Shawna Morrison	Dr. Jon Davine	Dr. Linda Lee	Dr. Vu Kiet Tran	Dr. Darlene Kitty	Dr. David Keast		
12:15-13:30	Bagged Lunch						Annual General Meeting (Toronto I) (12:30-13:15)	
13:30-15:00	S113 Narcotic Management: Vignettes in Non-Cancer Pain	S114 Approach to Post-Traumatic Stress Disorder	S115 Mainpro +	S116 Performance Measures in Primary Care (QI)	S117 Primary Care for Transgendered People	S118 ECG Workshop: The Basics and Arrhythmias	General Sessions* GEN104 GEN105 GEN106	
	Dr. Peter Selby	Dr. Jon Davine	Dr. Jamie Meuser & Dr. Eric Wong	Ms. Danyal Martin	Dr. Vanita Lokanathan	Dr. Vu Kiet Tran		
15:00-15:30	Nutritional Break							
15:30-17:00	S123 Identification, Diagnosis and Management of Children with Developmental Coordination Disorder	S124 Approach to Depression	S125 Starting Insulin in Type 2 Diabetes	S126 Crossing Professional Boundaries in Primary Health Care Teams: Is It Simply a Matter of Trust?	S127 Problem Gambling: Early Intervention Makes a Difference		General Sessions* GEN107 GEN108 (ends at 16:30)	
	Dr. Laura Gerber, Ms. Nancy Pollock & Dr. Sharon Carson	Dr. Jon Davine	Dr. Simon Moore	Dr. James Goertzen	Dr. Lisa Lefebvre & Mr. Michael Weyman			
17:30-19:30	President Installation and Awards Ceremony (Toronto I)							





 Session continues
  Mainpro-C
  Session
  General Session
  Special Events


		SECOND FLOOR	THIRD FLOOR			LOBBY LEVEL							
TORONTO II & III		GOVERNOR GENERAL MAIN	OSGOODE EAST	OSGOODE WEST	RICHMOND	YORK	SIMCOE						
MACDONALD	LISMER												
		S107 ADHD in Childhood: Debunking the Myths Dr. Laura Gerber & Dr. Sharon Carson	S108 Cardiovascular Disease Prevention in Women: Unique Pregnancy Predictors Dr. Karen Fleming & Dr. Pamela Liao	S109 The Red Eye Dr. Simon Moore	S110 Infants and Feeding Dr. Patricia Mousmanis	S111 Toxicology Review Jeopardy Dr. Nalin Ahluwalia	S112 Quality Improvement in COPD Management, From Diagnosis to Exacerbations Dr. Alan Kaplan						
		S119 Pediatric Hot Topics Dr. Rahim Valani	TPSB Treating Poverty: A Workshop for Family Physicians Dr. Ritika Goel & Dr. Rosana Pellizzari	ENVI Environ- ment-Linked Illnesses: Chronic Pain, Fatigue, and Chemical Intolerance Linked to Environment Exposures: Office Assessment and Management Dr. Kathleen Kerr & Dr. Alison Bested	S120 Managing Chal- lenging Behaviours in Dementia Care: The Rational Use of Antipsychotics, Benzodiazepines, and More. Dr. Linda Lee & Dr. Tejal Patel	S121 Fibromyalgia and Chronic Pain: Not as Hard As It Looks Dr. Ian Shiozaki	S122 Primary Care Work Up of Rheumatology Patients Before Referral Dr. Lori Albert						
					S128 Immigrant Health Challenges: Navi- gating the System Dr. Eileen de Villa		S129 Which Children Need Antibiotics for Respiratory Tract Infections Dr. Alan Kaplan						

*General Session descriptions on page 16

Day-at-a-Glance: Friday, November 28





TIME	CONVENTION LEVEL							
	CARMICHAEL	JACKSON	TOM THOMSON	CASSON	FITZGERALD	JOHNSTON	TORONTO I	HARRIS
07:30 08:30	Registration & Continental Breakfast							
08:30-10:00	S201 The Shoulder: A Complex Joint Simplified Dr. Louise Walker & Dr. Marie-Josée Klett	S202 Approach to Bipolar Disorder Dr. Jon Davine	S203 Pediatric Rash Decisions! Dr. Miriam Weinstein	S204 Health First: Winning at Weight Loss and Wellness Dr. Steve Hirsch	S205 Health Links: Digital Dr. Wendy Graham & Dr. Betty Choi-Fung	S206 Spirometry in Family Practice, Do It Right and Learn How to Interpret It Correctly Dr. Alan Kaplan	General Sessions* GEN201 GEN202 GEN203	
10:00-10:30	Nutritional Break							
10:30-12:00		S212 Mixing and Matching: Layering Psychiatric Medications as Family Physicians Dr. Jon Davine	S213 Liver Function Tests Dr. Barry Lumb	S214 Case Finding and Managing Chronic Obstructive Pulmonary Disease: A Look at Complete Implementation of a Chronic Disease Program Dr. Cathy Faulds, Ms. Emily Stoll & Ms. Miranda Ross			General Sessions* GEN304	
12:00-13:30	Bagged Lunch		Ontario Lung Association Preschool Asthma Dr. Sharon Dell (12:15-13:15)				OCFP Members' Forum (Toronto I) (12:00-13:15)	
13:30-15:00	S219 Dermoscopy: How to Improve Your Management of Pigmented Lesions Dr. David Knox	S220 Approach to Anxiety Disorders in Primary Care Dr. Jon Davine	S221 Chronic Cough, Can You Make It Stop? Dr. Alan Kaplan	S222 Joint Injections: Shoulder, Knee and Elbow Tendinitis Dr. Ken Trinh	S223 HIV: What Family Doctors Should Know Dr. Brodie Ramin	S224 Common Drug-Drug Interactions Dr. Lisa Thurgur	General Sessions* GEN205 GEN206 GEN207	
15:00-15:30	Nutritional Break							
15:30-17:00	S229 Dermoscopy: How to Improve Your Management of Pigmented Lesions Dr. David Knox	S230 Sorting Out Dizziness Dr. Peter Lin			S231 Adolescent Alcohol & Drug Use in Primary Care Dr. Michael Cheng	S232 Marital Counselling Dr. Mel Borins	General Sessions* GEN208 GEN209 GEN210	
17:00-18:30	Residents/First Five Years in Practice Networking Session (Governor General)							

 Session continues
  Mainpro-C
  Session
  General Session
  Special Events

TORONTO II & III		SECOND FLOOR	THIRD FLOOR			LOBBY LEVEL	
MACDONALD	LISMER	GOVERNOR GENERAL MAIN	OSGOODE EAST	OSGOODE WEST	RICHMOND	YORK	SIMCOE
		S207 Mood Disorders in Pregnancy and Postpartum Dr. Bill Watson & Dr. Simone Vigod	S208 10 Practical Tips For Improving the Quality of the Care in Your Practice Dr. Nick Kates	LDP2 Using the Leader- ship Framework to Develop Team Effectiveness: Being a Change Champion is Hard Work Dr. Sean Blaine	S209 CCAC and Provincial Primary Care Strategy Ms. Dipti Purbhoo	S210 Primary Care Approach to At-Risk Drinking and Alcohol Use Disorders Dr. Sheryl Spithoff & Dr. Meldon Kahan	S211 Quality-Based Procedures in the Office Dr. Cheryl Levitt & Dr. Frank Martino
			S215 Thyroid Dysfunction Revisited: What's Next After TSH Dr. Nicola McLean		S216 Transitioning to Advanced Access and Efficiencies Dr. Mary Manno & Dr. Dave Zago	S217 Drug Interactions for Family Physicians: Common, Potential and Management Strategies Ms. Christine Truong & Dr. Kimberly Wintemute	S218 Bystander Naloxone Prescribing for Fam- ily Physicians— An EpiPen for Junkies? Dr. Lisa Thurgur
			S225 Palliative and End- of-Life Care in the Home Dr. Joshua Shadd & Ms. Judy White	LDP1 Using the Leader- ship Framework to Create High Morale and Productivity in the Workplace: Oh Dear, What Can the Matter Be? Dr. Sarah Newbery	S226 Health Links: Lessons Learned Dr. Jonathan Kerr & Dr. Frank Martino	S227 Clinical Decision- Making in Late Life: The Frailty Factor Dr. Janet McElhaneý	S228 What is New for Rhinitis and Epistaxis? Dr. Vu Kiet Tran
		S233 COPD Management in Primary Care: Current and Evolving Therapies Dr. Anthony D'Urzo	S234 Apps that Will Improve Your Patient Management Dr. Andrew Sparrow & Dr. David Esho		S235 Procedural Sedation: Drugs Update Dr. Amit Shah	S236 Practical Manage- ment of Knee OA Dr. Howard Chen	S237 Borderline Personality Disorder: Management Strategies For Family Physicians Dr. James Goertzen

*General Session descriptions on page 16

Day-at-a-Glance: Saturday, November 29

TIME	CONVENTION LEVEL							
	CARMICHAEL	JACKSON	TOM THOMSON	CASSON	FITZGERALD	JOHNSTON	TORONTO I	HARRIS
07:30 08:30	Registration & Continental Breakfast							
08:30-10:00	S301 The Cancer Journey: From Prevention to Palliative Care, What Primary Care Providers Need to Know Dr. Danusia Gzik, Dr. Lisa Del Giudice & Dr. Edward Kucharski	S302 Suturing 101 Dr. Andrew Arcand	S303 Medications and Kidney Disease: What to Know, What to Fear, What to Do Dr. Manish Sood	S304 Fever in the Returning Traveler Dr. Isaac Bogoch	OSCAR OSCAR EMR Training Session	S305 The Neurological Examination for Family Physicians Dr. Duncan McIlraith	General Sessions* GEN301 GEN302 GEN303	
10:00-10:30	Nutritional Break							
10:30-12:00		S312 Suturing 101 Dr. Andrew Arcand	S313 Gastrointestinal Symptom Management in Palliative Care Dr. Nina Horvath	S314 ADHD: Adults and Across the Lifespan Dr. Ainslie Gray			General Sessions* GEN305 GEN306 GEN307	
12:00-13:30	Bagged Lunch							
13:30-15:00	S320 Medical Treatment of Peripheral Vascular Disease Dr. Sonia Anand, Dr. David Kelton & Ms. Barb Nowacki	S321 Suturing Advanced Dr. Andrew Arcand	S322 Problem Solving in Neurology for Family Physicians Dr. Duncan McIlraith	S323 Respiriology 101 Dr. Jakov Moric	S324 Preventative Health Passport Dr. Lori Teeple, Ms. Susanne Muller & Ms. Janet Willert	S325 Wounds and Dressings Dr. Mark Karanofsky	RAPID FIRE*	
15:00-15:30	Nutritional Break							
15:30-17:00	S330 Concussions in Athletes: The Role of Physicians Dr. Gary Abraham	S336 Wearable Health Technology and Patient Tools for Self-Management Ms. Shivani Goyal		S331 Bloody Hell: Abnormal Uterine Bleeding Dr. Christiane Kuntz		S332 Wounds and Dressings REPEAT Dr. Mark Karanofsky	RAPID FIRE*	

 Session continues
  Mainpro-C
  Session
  General Session
  Special Events

		SECOND FLOOR	THIRD FLOOR			LOBBY LEVEL	
TORONTO II & III		GOVERNOR GENERAL MAIN	OSGOODE EAST	OSGOODE WEST	RICHMOND	YORK	SIMCOE
MACDONALD	LISMER						
		S306 Ten 2014 Studies that May Change Your Practice Dr. G. Michael Allan	S307 Billing 101 Dr. Reena Dhatt & Mr. Steve Nastos	S308 Quality Improvement and Change Management for Family Physicians and Their Teams Dr. Michelle Greiver	S309 Behavioral Treatment of Obesity: Overcoming Overeating Dr. David Macklin	S310 Medication Safety for Family Physicians Dr. Michael Hamilton & Ms. Jessica Ma	S311 Avoiding Transfers to the Emergency Room: Challenges in Providing End-of-Life Care in the Home Dr. Margaret Fry & Ms. Cheri McNeil
		S315 Approach to Anemia Dr. Parveen Wasi	S316 GERD – Approach and Management Dr. Mark Levstik	BPA Don't Just Do Something – Stand There! Best Practices in Reducing Unnecessary Tests, Treatments and Care Dr. Frank Martino & Dr. Jennifer Young (10:30-16:00)	S317 Medical Conditions in Pregnancy Dr. Darine El-Chaar	S318 Quick and Dirty: Treating Addictions in a Busy Practice Dr. Arash Zohoor	S319 Long Term Management of Heart Failure Dr. Peter Liu
		Ontario Lung Association Spirometry for Residents Dr. Itamar Tamari (12:15-13:15)					
		S326 Dyspnea: Respiratory or Cardiac? A Practical Approach to Diagnosis Dr. Vu Kiet Tran & Dr. Alan Kaplan	S327 Ontario's Seniors Strategy: Implications and Opportunities for Primary Care Providers Dr. Samir Sinha		MCI Diagnosis and Management of Patients with MCI and Dementia: Tips for the Family Physicians Dr. Linda Lee	S328 Practical Approaches to Headache Dr. Lucian Sitwell	S329 The Limping Child Dr. Devin Peterson
		S333 Dermatology Review Dr. Ben Barankin				S334 Managing Back Pain: The Ontario Initiative Taking You Beyond the Basics Dr. Hamilton Hall	S335 Delirium in Hospitalized Patients: NICE Guidelines Dr. Agata Szlanta

*General Session descriptions on page 17

2014 ASA General Sessions

Thursday, November 27

All General Sessions are located in room Toronto I on the Convention Level.

Code	Topic	Speaker	Time
GEN101	Navigating the Maze of Insurance, Disability and WSIB	Dr. Peter Lin & Ms. Suzanne Lepage	10:45-11:10
GEN102	The Use of Volunteers, Technology, and the Inter-professional Team to Keep Older Adults Healthy at Home: Pilot Implementation of the TAPESTRY Program in Primary Care	Dr. Doug Oliver & Ms. Lisa Dolovich	11:10-11:35
GEN103	Establishing a Performance Measure Framework	Dr. Joshua Tepper & Dr. Brian Hutchison	11:35-12:00
Questions and Answers			12:00-12:15
GEN104	The Asthma COPD Overlap Syndrome, What To Do?	Dr. Alan Kaplan	13:30-13:55
GEN105	Asthma in Pregnancy, You Have Two Patients!	Dr. Alan Kaplan	13:55-14:20
GEN106	Stopping Statins – Is There a Golden Age?	Dr. Peter Lin	14:20-14:45
Questions and Answers			14:45-15:00
GEN107	A Quality Improvement Approach to Pain Management Multidisciplinary Day within a Family Health Team	Dr. Bachir Tazkarji	15:30-15:55
GEN108	A Clinical Algorithm for the Detection, Monitoring, and Management of Chronic Kidney Disease (CKD) in Primary Care	Dr. Allan Grill & Dr. Scott Brimble	15:55-16:20
Questions and Answers			16:20-16:30

Friday, November 28

GEN201	Navigating Menopause: The Nuts and Bolts of Hormones and More...	Dr. Jennifer Pearlman	08:30-08:55
GEN202	Oh Momma! Pregnancy Aches and Pains	Dr. Carol Ann Weis	08:55-09:20
GEN203	Pearls for Your Practice: The Top Research Studies that Will Impact Clinical Practice for Family Physicians	Dr. Cheryl Levitt, Dr. David White, Dr. Rick Glazier & Dr. June Carroll	09:20-09:45
Questions and Answers			09:45-10:00
GEN304	So You Think You Can Research	Resident Research Projects	10:30-12:00
Lunch			12:00-13:15
GEN205	Obesity in Pregnancy: Implications for Mom and Baby	Dr. Karen Fleming	13:30-13:55
GEN206	Fetal Origins of Adult Diseases: The Basics	Dr. Karen Fleming	13:55-14:20
GEN207	Hypertensive Crises – When It's Really a Crisis	Dr. Amit Shah	14:20-14:45
Questions and Answers			14:45-15:00
GEN208	How Not to Miss Multiple Myeloma	Dr. Matthew Cheung	15:30-15:55
GEN209	Infectious Disease Hot Topics	Dr. Isaac Bogoch	15:55-16:20
GEN210	Choosing Wisely Canada – Practical Advice for Family Doctors	Dr. Sacha Bhatia	16:20-16:45
Questions and Answers			16:45-17:00

2014 ASA General Sessions

Saturday, November 29

All General Sessions are located in room Toronto I on the Convention Level.

Code	Topic	Speaker	Time
GEN301	It's Overgrown Toeskin, NOT Ingrown Toenail!	Dr. Henry Chapeski	08:30-08:55
GEN302	The New Wave: Bedside Ultrasound in Primary Care	Dr. Arash Zohoor	08:55-09:20
GEN303	The Clinical Challenge of Lower Back Pain: Best Practice Assessment to Evidence-based Treatment	Dr. David Dos Santos & Dr. Michael Kates	09:20-09:45
Questions and Answers			09:45-10:00
GEN305	Trillium Gift of Life Network	Ms. Versha Prakash & Dr. Karim Soliman	10:30-10:55
GEN306	Ebola Update	Dr. Michelle Barton-Forbes	10:55-11:20
GEN307	Lyme Disease Update: Handling the Media and Controversy That Comes Up in Patient Questions	Dr. Michelle Barton-Forbes	11:20-11:45
Questions and Answers			11:45-12:00
RF1	The Evolving World of Lipid and CVD Risk Management	Dr. G. Michael Allan	13:30-13:55
RF2	Diabetes: Myths and Misses	Dr. G. Michael Allan	13:55-14:20
RF3	Vitamin D: Vital Vitamin or Hopeful Hype	Dr. G. Michael Allan	14:20-14:45
RF4	C Difficile Update	Dr. Mark Levstik	14:45-15:00
Nutrition Break			15:00-15:30
RF5	Measles Update	Dr. Shelley Deeks	15:30-15:40
RF6	Medical Marijuana – New Guidelines	Dr. Meldon Kahan	15:45-15:55
RF7	Gluten-Free Diets in Non Celiac Disease	Dr. Mark Levstik	16:00-16:10
RF8	Flu Shot Scepticism	Dr. Bryna Warshawsky	16:15-16:25
RF9	Gout and New Guidelines	Dr. Raj Carmona	16:30-16:40
RF10	Post Coital Contraception	Dr. Sheila Dunn	16:45-16:55
End			17:00

Ontario Medical Association

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www.oma.org

Appletree Medical Group

Appletree Medical Group is one of the largest and most progressive medical groups in Canada. With 34 clinics across Ottawa and the GTA, our multidisciplinary teams of family doctors and specialists enjoy practicing in our modern offices well equipped with diagnostic tools, a highly trained, professional staff, and a top EMR.

www.appletreemedicalgroup.com

Association of Hearing Instrument Practitioners of Ontario

The Association of Hearing Instrument Practitioners of Ontario (AHIP) represents 600 Hearing Instrument Practitioners who provide hearing tests, hearing aid selection, fitting and counseling services. These hearing healthcare professionals provide the highest possible standards in technology and patient care, assisting your patients and improving their quality of life.

www.helpmehear.ca

BlueBird IT Solutions Inc

We understand that you want to focus on your patients, not your computer systems. We're here to give you the peace of mind that everything will work seamlessly while you're dealing with more important issues. BlueBird currently supports and maintains the clinical EMR and IT systems 1200+ health care professionals.

www.bluebirdinc.com

Canadian Health Systems

Canadian Health Systems provides high performance Electronic Health Record software to clinics and practices of family physicians, specialists and allied health professionals in solo practice, groups and multi-clinic chains. The software significantly reduces the cost of running an office and provides many state-of-the-art features for managing practice more efficiently.

www.chsinc.ca

Canadian Hospice Palliative Care Association

The Way Forward: An Integrated Palliative Approach to Care and the Advance Care Planning in Canada initiatives aim to bring better awareness and knowledge about good care throughout the trajectory of life-limiting illnesses or aging until the end of life. Both initiatives are lead by the Canadian Hospice Palliative Care Association (CHPCA) – the national voice for hospice palliative care in Canada. Stop by the CHPCA booth for tools and resources! For more information, visit:

www.chpca.net / www.hpcintegration.ca / www.advancecareplanning.ca

www.hpcintegration.ca

Cancer Care Ontario

My CancerIQ™ is a new, interactive health etool from Cancer Care Ontario that Ontarians can use to easily and quickly assess their risk of lung, colorectal, cervical or breast cancer. My CancerIQ™ can be used by primary care physicians to open prevention dialogues with their patients and reinforce their screening and prevention counseling.

www.cancercare.on.ca

Exhibitors

Cancer Care Ontario

Cancer Care Ontario (CCO), a government agency, drives quality and continuous improvement in disease prevention, screening, the delivery of care and the patient experience, for cancer, chronic kidney disease and access to care. CCO leads multi-year system planning, provider contracts, implements information systems, establishes guidelines and tracks performance targets.

www.cancercare.on.ca

CAPE - Canadian Association of Physicians for the Environment

The Canadian Association of Physicians for the Environment (CAPE) works to protect health by protecting the planet. We are a group of physicians, allied health care practitioners and concerned citizens who advocate for environment and health by working on issues related to pesticides, sustainable energy, asbestos, climate change and more!

www.cape.ca

Centre for Effective Practice

Centre for Effective Practice (CEP) is a not-for-profit organization enabling appropriate care in primary care through the development and implementation of relevant, evidence-based programs and tools. CEP works collaboratively with health consumers and leading interprofessional clinicians, academics, researchers, and policy-makers to close the gap between best evidence and current practices.

www.effectivepractice.org

Choosing Wisely

Choosing Wisely Canada (CWC) is a campaign to help physicians and patients engage in conversations about unnecessary tests, treatments and procedures, and to help physicians and patients make smart and effective choices to ensure high-quality care.

www.choosingwiselycanada.org

CognisantMD

CognisantMD's Ocean Platform™ allows patients to share information with their physician – and the EMR – in whole new way. Using touchscreen tablets and secure online forms, patients can register, provide a concise history, complete screening tools, and participate in research, all from the waiting room.

www.cognisantmd.com

The College of Family Physicians of Canada

Visit The College of Family Physicians of Canada booth and meet College staff involved in Membership, Continuing Professional Development, Health Policy/Government Relations and Academic Family Medicine. We would be glad to meet you and answer your questions, update you on CFPCs initiatives, and provide you with the latest CFPC publications.

www.cfpc.ca

Government of Ontario – Health Links

The Government of Ontario is working to create a patient-centred health care system that provides highest quality and value to Ontarians. Community Health Links provide better coordinated, efficient and effective care for Ontario's most complex patients - when and where they need it.

www.health.gov.on.ca/en/pro/programs/transformation/community.aspx

Health Quality Ontario

Health Quality Ontario's mandate is to evaluate health care technologies and services, report on the quality of the health system, support quality improvement activities and make evidence-based recommendations on health funding.

www.hqontario.ca

Exhibitors

Immunize Canada

Immunize Canada is a not-for-profit with the aim of raising awareness about the benefits of immunization and uses of vaccines as recommended by the National Advisory Committee on Immunization (NACI). It does this through ongoing public and professional education and promotion.

www.immunize.ca

The Lung Association

The Lung Association assists, educates and empowers individuals living with or caring for others with lung disease. We do this through our many lung health programs and services that are available to people and health care providers across the province. To learn more about The Lung Association's programs please visit www.on.lung.ca.

www.olapep.ca

MD Physician Services

MD Physician Services (MD) is a wholly-owned subsidiary of the Canadian Medical Association. MD is the only firm that delivers financial management solutions engineered exclusively for physicians at every stage of your life and career including: Financial Planning & Advice, Investments, Incorporation, Estate & Trust, Banking & Lending and Insurance.

md.cma.ca

Nidhi Chopra Chartered Accountant

Accounting, tax and practice management for healthcare practitioners and clinics including; personal, corporate and professional corporation tax preparation, tax planning, practice start up, practice valuations, due diligence for purchase and sale of a practice, documentation preparation for financing, and EMR implementation and integration.

www.nccpa.ca

OMA's Section on General & Family Practice

Be creative! Visit our booth and suggest improvements to the Fee Codes list and Billing Guide to be updated when OMA/Government negotiations are completed (2013 versions are still available). Suggest ideas for new products and member services.

Learn more about how the Section advocates for you and your patients.

www.sgfp.ca

Ontario 211

211 is an award winning helpline providing information and referral to Ontario's community and social services. 211 provides the most complete directory of 60,000 community and social services to help residents find the support they need. Call 2-1-1. TTY: 1-888-340-1001. Free. Confidential. Live answer 24/7. 150+ Languages.

www.211ontario.ca

Ontario Chiropractic Association

Established in 1929, the Ontario Chiropractic Association (OCA) is a voluntary professional association whose mission is to serve its members, approximately 3,200 Ontario chiropractors, and the public by advancing the understanding and use of chiropractic care. This is accomplished by supporting members in practice, supporting research in chiropractic, raising awareness through advertising and public education, and demonstrating the value of chiropractic coverage in government and extended health care plans. Visit us at www.chiropractic.on.ca to learn more about our public education materials or to locate a chiropractor in your community.

chiropractic.on.ca

Exhibitors

Ontario Physiotherapy Association

The Ontario Physiotherapy Association (OPA) is a health care professional organization with over 5,500 members who work in all health care streams, including primary care. OPA is committed to leadership in physiotherapy through the provision of advocacy, professional development and career support services for its members in order to provide quality physiotherapy to Ontarians.

www.opa.on.ca

OntarioMD

OntarioMD was established by the Ontario Medical Association and the Ministry of Health and Long-Term Care in 2004 to work with physicians to help them transition from paper records to Electronic Medical Records (EMR) and provide them with access to information and resources to improve patient care and practice efficiency.

ontariomd.ca

Prostate Cancer Canada

Prostate cancer is the most common cancer to affect Canadian men, impacting one in seven men over the course of their lifetime. Prostate Cancer Canada funds programs related to awareness and public education, advocacy, support of those affected, and research into the prevention, detection, treatment and cure of prostate cancer.

prostatecancer.ca

QHR Technologies - AccuroEMR

Accuro&Form;EMR - developed for physicians with physicians. SMART. PRACTICAL. CONNECTED. Accuro is a suite of medical software modules that provides computer-based medical records for Specialist, Primary Care, and Allied Health Professionals, as well as administrative modules for billing and patient scheduling

www.qhrtechnologies.com

Rogers Healthcare Group

The Medical Post is the independent voice for Canada's doctors. The Medical Post online at www.CanadianHealthcareNetwork.ca educates, informs, engages and inspires Canada's physician community with compelling, award-winning content relevant to their professional and personal lives.

www.canadianhealthcarenetwork.ca

SIGVARIS

SIGVARIS focuses on the development, production, and distribution of medical compression garments, including hosiery and socks. Our vision is to be a leader in the area of compression therapy for the management of venous and lymphatic disorders

www.sigvaris.ca

TELUS Health

About TELUS Health TELUS Health is a leader in telehomecare, electronic medical and health records, consumer health, benefits management and pharmacy management. TELUS Health give health authorities, providers, physicians, patients and consumers the power to turn information into better health outcomes. For more information about TELUS Health, please visit telushealth.com

telushealth.com

Toronto Public Health

Toronto Public Health Looking for timely, accurate, and relevant public health information? Visit Toronto Public Health's exhibit. Missed us? Visit our website for health professionals at www.toronto.ca/health/professionals/.

www.toronto.ca/health

Trudell Medical International

Trudell Medical International designs, develops and manufactures a wide range of medical devices, from our flagship AEROCHAMBER* Brand of Valved Holding Chamber for asthma patients and our latest state-of-the-art AEROBIKA* OPEP therapy system for COPD patients, to custom designed products and systems. Efficacy of our best-in-class respiratory management products has been validated in over 500 peer-reviewed articles.

www.trudellmed.com

Important Information

Host Organization

Ontario College of Family Physicians
400 University Avenue, Suite 2100
Toronto, ON M5G 1S5
Tel: 416-867-9646
Fax: 416-867-9990
ocfp@cfpc.ca
www.ocfp.on.ca

Host Venue

Hilton Toronto Hotel
145 Richmond St. West,
Toronto, ON M5H 2L2
Tel: 416-869-3456

Photography Notice

The Ontario College of Family Physicians will arrange to have professional photography and video footage taken during the 2014 Annual Scientific Assembly. Please be advised that these materials may be published in OCFP materials in print and electronic format including the OCFP and ASA websites.

By participating in the 2014 Annual Scientific Assembly, you 1) grant the OCFP the right and permission to use any such photographs/video clips in which you may be included, in whole or in part, for such purposes; 2) waive any right that you may have to inspect and/or approve any such photographs/video clips; 3) transfer to OCFP any right you may have in such photographs/video clips and waive moral rights, if any; and 4) release and discharge OCFP from any liability that may arise from the use of such photographs/video clips by OCFP. All photographic materials become the property of the OCFP for any purpose. Names and/or brief bios would be included with permission.

Seminar Changes

Seminar changes are not allowed on-site.

Session Cancellations

The OCFP reserves the right to cancel sessions due to unforeseen circumstances or insufficient advance registration. In the event of a cancellation of any of the Mainpro-C courses, a full refund will be provided to the registrants. However, OCFP cannot accept responsibility for out-of-pocket expenses due to the cancellation of any session(s).

Accreditation

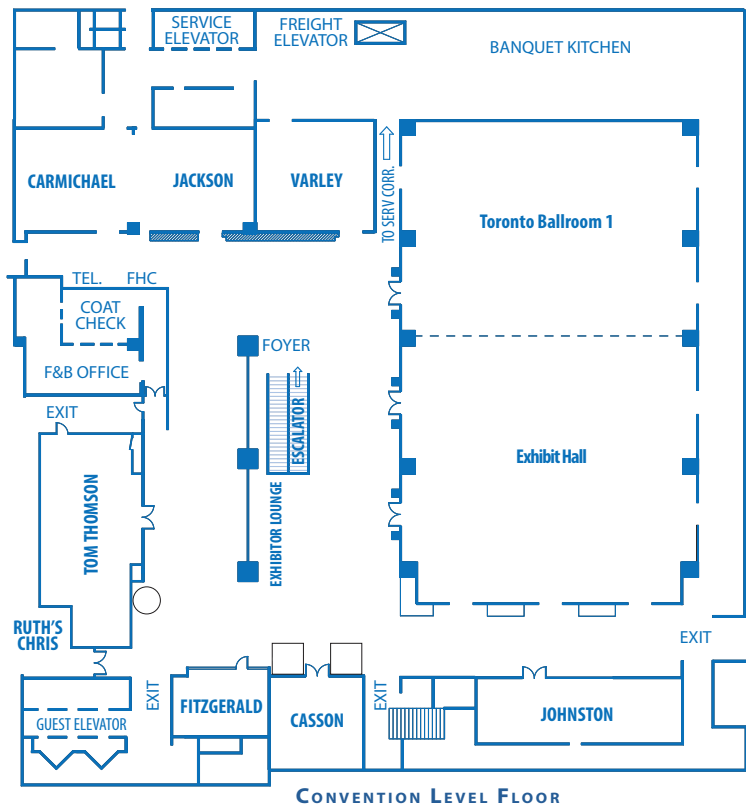
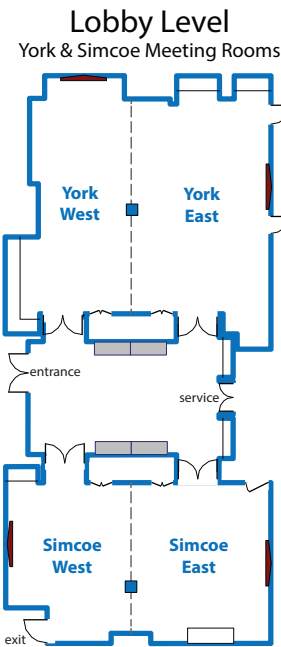
This program has been accredited by the College of Family Physicians of Canada and the Ontario Chapter for up to 16.5 Mainpro-M1 credits.

Thursday: 4.5
Friday: 6.0
Saturday: 6.0

Credits

Please note that the MAINPRO®-M1 credits you earn for participating in this conference will be awarded to you automatically upon the scanning of your ASA conference identification badge. There is no need to enter these credits online or submit them to the College of Family Physicians of Canada (CFPC). Credits will be applied by December 10th, 2014. You will receive an email from the CFPC confirming that your Mainpro credits have been auto-loaded in your Mainpro record. Please note that this process applies to M1 credits only; Mainpro-C credits still require you to claim the credits as usual.

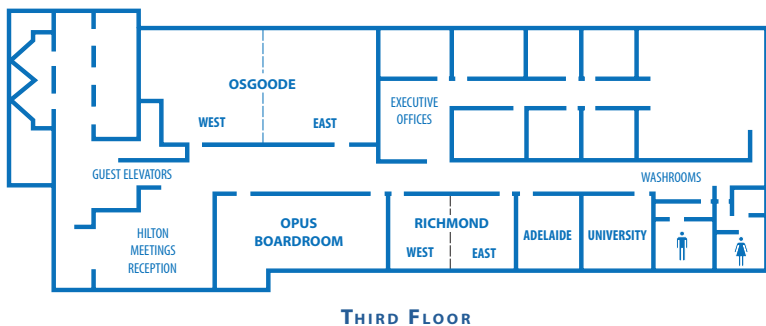
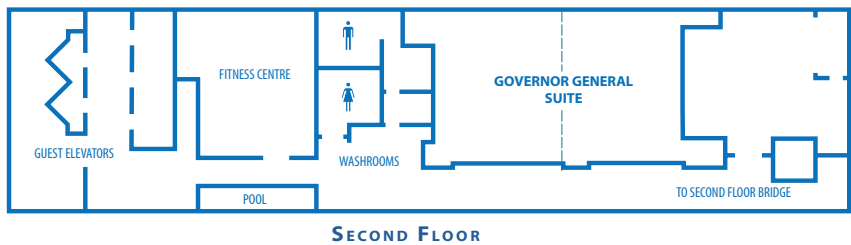
Conference Floor Map



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The majority of people who use tobacco **want to quit.**



Quitting is hard but you can help your patient make it happen.

In less than 3 minutes, you can make a difference.

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Assess your patient's readiness to quit.

Assist your patient to quit.

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For free materials and training on the 5As visit **YouCanMakeItHappen.ca**

smokers'helpline

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1.877.513.5333

Contact Your
Local Public
Health Unit for
materials and
support

Join your local
Cessation
Community of
Practice to network
with others





Diagnosing Middle and External Ear Conditions? The Eyes Have It!

Dr. Rick Fox M. D., F.R.C.S. (C.), Editor and Contributing Author

▶ Dr. Fox has been a staff member at St. Joseph's Health Centre in Toronto for 23 years, and is currently Chief of the division of Otolaryngology - Head and Neck Surgery. He is an Assistant Professor, Department of Otolaryngology, University of Toronto. Dr. Fox has a special interest in Otological Disorders.

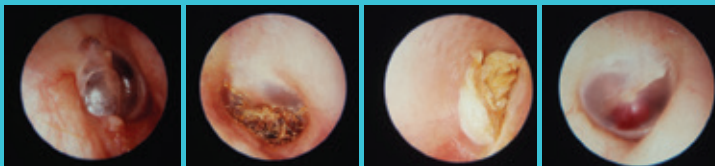
Earn Mainpro-M2 credits and improve your understanding of hearing-related health issues with Listen and Learn, a CME series designed for primary care physicians by the Association of Hearing Instrument Practitioners of Ontario.

A large proportion of visits to the family doctor's office and the emergency department can be attributed to otolaryngic disorders, many of which involve problems with the middle and external ear.

While some of these conditions are symptomatically bothersome at worst, others have serious implications. If left untreated (or undertreated), patients can experience significant discomfort and even permanent hearing loss in some cases.

Join Dr. Fox, on a visual tour of the most common middle and external ear condition most likely to present to primary care in the second module of the Listen and Learn CME series, Helpful Hints in Diagnosing Common Middle and External Ear Pathology: A Visual Tour. Perfect your diagnostic skills by understanding the hallmark presentations of:

- ▶ Acute and chronic otitis externa
- ▶ Exotoses
- ▶ Keratosis Obturans
- ▶ Bullous Myringitis
- ...and more



This unique learning module is free, and will qualify you for Mainpro-M2 credits!

Upcoming CME Offerings

How do the Osteoporosis Guidelines Apply to your Patients?

3.0 Mainpro-C Credits

Friday, January 16, 2015 – London
Saturday, February 7, 2015 – Markham
Friday, March 6, 2015 – Kitchener

Musculoskeletal Joint Assessment

6.0 Mainpro-C Credits

Saturday, January 17, 2015 – Toronto
Saturday, March 14, 2015 – Barrie

Treating Poverty: A Workshop for Family Physicians

3.5 Mainpro-C Credits

Wednesday, February 4, 2015 – Niagara

CFPC Certification Exam Preparation Workshop

February 28 and March 1, 2015 – Toronto

Environment-linked Illnesses: Prevention, Diagnosis and Management from Preconception to Old Age

Friday, March 6, 2015 – Toronto

MODULE 1: Pregnancy & Early Childhood Environmental Exposures:
Impacts, Prevention, Diagnosis and Management

4.0 Mainpro-C Credits

MODULE 2: Common Chronic Illnesses and the Environment

3.0 Mainpro-C Credits

Insomnia: Beyond the Basics

3.0 Mainpro-C Credits

Friday, December 5, 2014 – Toronto

Don't Just Do Something – Stand There! Best Practices in Reducing Unnecessary Tests, Treatments and Care

6.0 Mainpro-C Credits

Friday, January 23, 2015 – Hamilton

See www.ocfp.on.ca/cme for information on other upcoming accredited sessions, including:

- Diagnosis and Management of Patients with MCI and Dementia: Tips for the Family Physician
- Cognitive Behavioural Therapy On-the-Fly
- ... and many more!

www.ocfp.on.ca/CME



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