

# NATURE'S HEALTHIER THICKENING OPTION



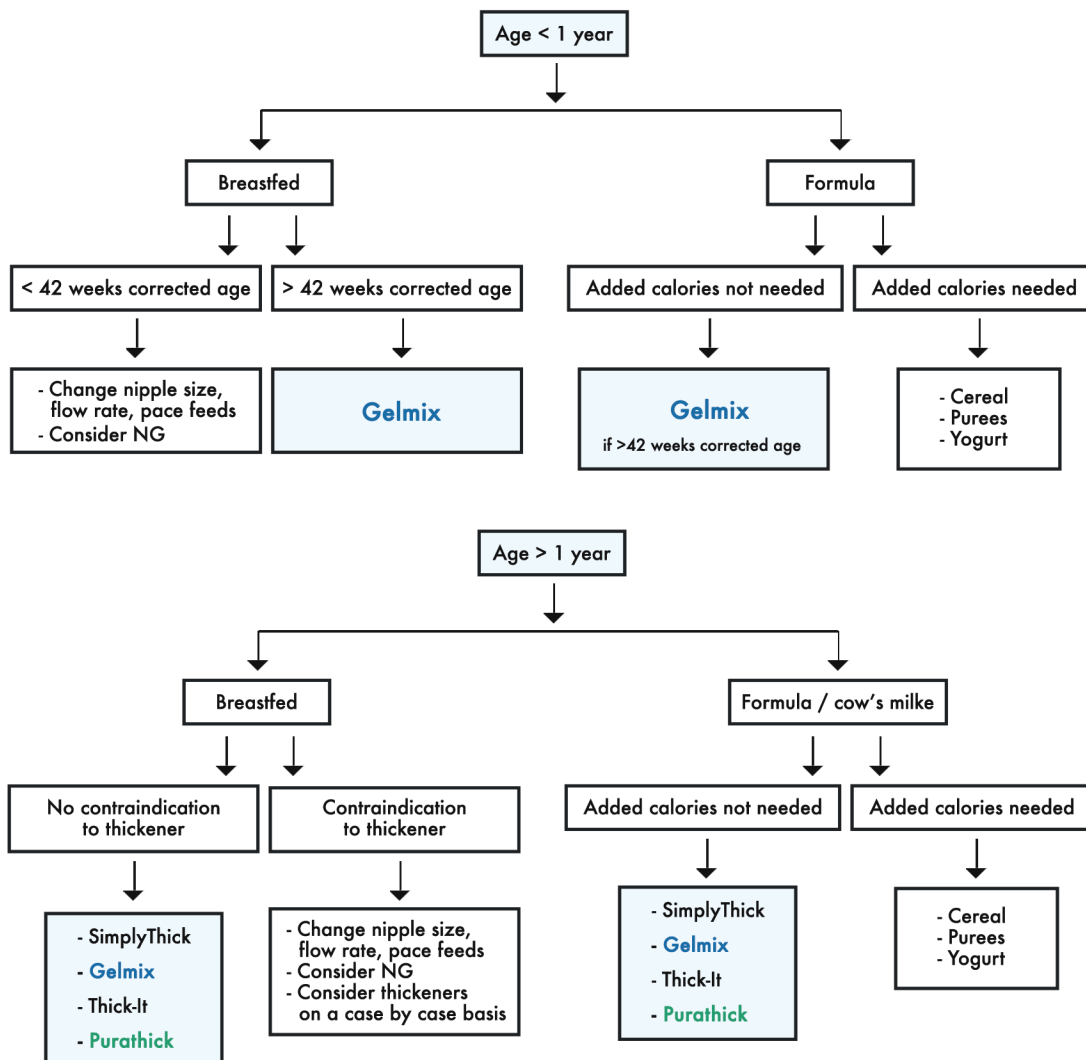
Gelmix and Purathick are the only USDA Certified Organic commercial thickeners specifically formulated for use with infants, children and adults who are recommended thickening for reflux and dysphagia.

NOW AVAILABLE THROUGH

**MCKESSON**

New GERD guidelines from NASPGHAN and ESPGHAN recommend thickening as the first-line approach to treat GERD in infants and young children.<sup>1</sup> Thickeners are also effective and frequently used to improve swallowing mechanics for infants and young children. Contraindications to thickener include history of necrotizing enterocolitis and disorders leading to poor intestinal perfusion, such as congenital heart disease.<sup>2</sup> See figure below adapted from Duncan, et al., 2019 on thickening for infants and young children.

## Clinical Algorithm for Thickening Feeds for Infants and Young Children<sup>3</sup>



<sup>1</sup> Rosen, Rachel, et al. "Pediatric gastroesophageal reflux clinical practice guidelines: joint recommendations of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition and the European Society for Pediatric Gastroenterology, Hepatology, and Nutrition." *Journal of pediatric gastroenterology and nutrition* 66.3 (2018): 516-554.

<sup>2</sup> Duncan, Daniel R., Kara Larson, and Rachel L. Rosen. "Clinical Aspects of Thickeners for Pediatric Gastroesophageal Reflux and Oropharyngeal Dysphagia." *Current gastroenterology reports* 21.7 (2019): 30.

<sup>3</sup> Figure adapted by permission from Copyright Clearance Center: Springer Nature, *Current Gastroenterology Reports* 21:7 "Clinical Aspects of Thickeners for Pediatric Gastroesophageal Reflux and Oropharyngeal Dysphagia," Daniel R. Duncan, Kara Larson, Rachel L. Rosen, 2019.



*The Thickener For Breast Milk & Formula*

Gelmix is a hypoallergenic USDA Organic thickening powder for breast milk and formula. It is the first organic thickener specifically formulated for pediatric use in America.



Corn Free



Gluten Free



Lactose & Casein Free



Soy Free

- Safe For Infants
- Low Displacement
- Maintains the Nutritional Balance of Breast Milk & Formula

**Gelmix compared to Baby Cereals**  
(based on an average daily consumption of 28 oz)

tablespoon(s) per day



**46** Calories Per Day

**210** Calories Per Day

GET IT TODAY ON  
**amazon**  
*Prime*

Hypoallergenic

Tasteless. Odorless. Smooth.

USDA Organic. GMO Free. Arsenic Free.

**purathick™**  
THICKENS HOT AND COLD LIQUIDS

*Shake things up with  
USDA Organic Purathick!*

This patent pending technology thickens most hot and cold liquids without thickening excessively over time!



**Purathick compared to Leading Starch Thickener**  
(based on SIX 8 oz glasses a day)

**80 calories**



**16g carbs**



19.2 grams

**240 calories**



**64g carbs**



72 grams