

Jean LaMantia RD

NUTRITION EDUCATION

JEAN LAMANTIA, RD

# NUTRITION EDUCATION



**Lymphedema**  
NUTRITION SCHOOL

The signature 10 week program for individuals with lymphedema. Weekly on-line meetings, goal setting, support, accountability and positive outcomes for participants.

**Lymphedema**  
NUTRITION  
for Health Professionals

A comprehensive program of nutrition education with seven+ hours of instruction and over 130 references, assembled for dietitians and lymphedema therapists. Taught by a registered dietitian and designed to help you support your patients to achieve better outcomes.



@cancer\_lymphedema\_dietitian



@jeanlamantia,registereddietitian



## EVIDENCE-INFORMED NUTRITION GUIDANCE

All topics are thoroughly researched and all references are included, combined with 30+ years of clinical practice.



## CEU APPROVED

Professional courses hosted by PESI are approved for CEUs for dietitians, and lymphedema therapists. See [www.pesirehab.com](http://www.pesirehab.com) for more information.



## COURSES AND WEBINARS

Current courses include Nutrition & Intestinal Lymphatics, Breast Lymphedema Self Care & Nutrition and Complementary Therapies for Lymphedema. New programs are ongoing.



jean@jeanlamantia.com



[www.jeanlamantia.com](http://www.jeanlamantia.com)